

Dear members,

Welcome to our fortnightly newsletter with activities to keep the whole family engaged with the arts during times of corona. As we sadly had to wave good bye to the lovely weather for a bit, we have collated another whole lot of activities to keep you and the whole family busy.

As always, please feel free to share any videos or links to other activities in our facebook group! If you have not joined the group yet, search for Stretford Children's Theatre Group <https://www.facebook.com/groups/462009840646086/> and join the fun.

Sending warm wishes to all of you,

Stretford Children's Theatre

A note from our lovely staff

To the infants class - a note from Gemma:

Hello, adventurers!

I hope you are all keeping well. I am missing our drama sessions very much and I know professor pineapple is too. I am really looking forward to seeing you soon for our next magical adventure but for now, here are some really great shows that I think you would enjoy. So get some popcorn and sit back and enjoy.

I cannot wait to hear all about what you have been doing to keep busy. I would love to hear your stories and see any drawings you have created too. Stay safe and see you soon!!

To our Seniors - a note from Gemma

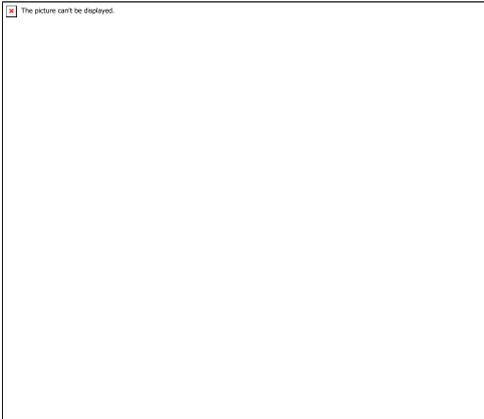
Hello guys!

I hope you are all doing ok and keeping safe and well. This is a very strange time and I hope you are all coping well in isolation. In such a strange time of change, it is really important that we look after our bodies and minds so I hope you are well keeping active, both physically and mentally and using this time to learn or try new things. Here is a list of some fantastic performances to inspire you all and get those creatives juices flowing.

Not long and we will be back in the rehearsal room creating some theatre magic but for now, stay connected with others, use this time to do things that give you joy and find time to relax.

Take care! I am missing you all and cannot wait to see you all very soon.

Something to do together

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How to make a Simple Crankie Theatre (ages 9+)

Our very own Tom, has made an instructional video about how to make a simple crankie theatre... A word of warning from Tom himself: 'This isn't the easiest of tasks but the end result is rather charming. I would love to see how you get on too!'

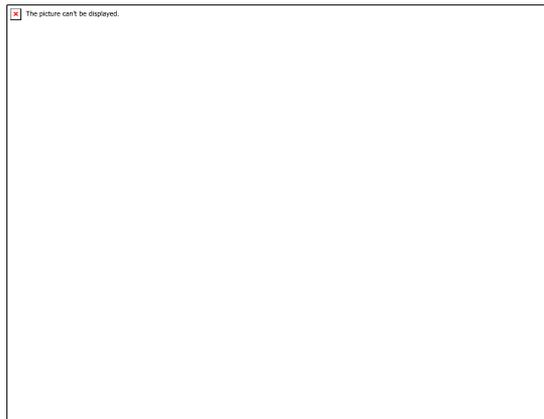
Funded by the amazing Z-arts

<https://www.youtube.com/watch?v=jq-USN-7WTU&feature=youtu.be&fbclid=IwAR11ydCGYuOyT5Sg2F-wld1XiGdZXhZHFfjHIZBMGfaxmSBQcV3a8HUGe4g>

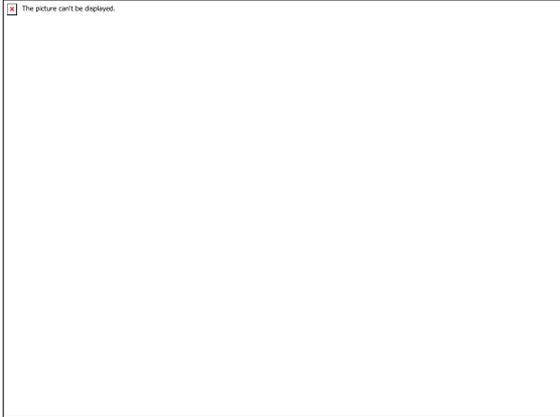
Let's make some music together

A series of online music tutorials for the whole family with Myleene Klass Music

<https://www.youtube.com/watch?v=jCRXAErag8U>

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Something to watch together



Butterflies (ages 3-8)

An uplifting tale of friendship and courage as three friends embark on an adventure to chase their butterflies away. Based on research into children's anxiety, Butterflies will whisk you away on a journey of what makes you anxious and what we can do to understand, accept or overcome these feelings.

A Tangled Feet and Half Moon co-production.

<https://vimeo.com/250654625>

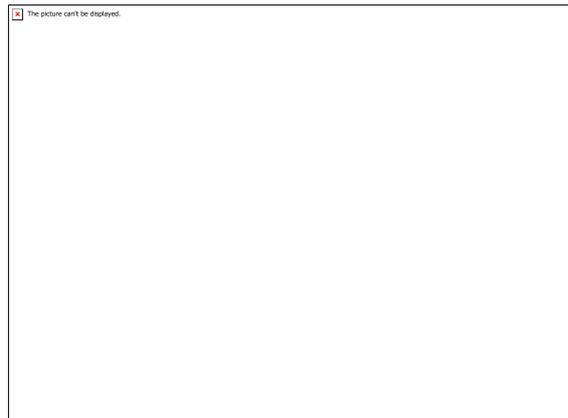
The Wind in the Willows (Juniors)

Join Ratty, Badger, Mole and the impulsive Toad as they embark on a series of riotous adventures spiralling from Toad's insatiable need for speed!

Featuring eye-poppingly beautiful design, exuberant choreography and a gloriously British score, The Wind in the Willows Musical recently brought comedy, heart and thrills to the London Palladium.

£4.99 to rent

<https://www.willowsmusical.com/>



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Cirque du Soleil - 60 minute special

Cirque du Soleil offers an escape from everyday life through the delight and whimsy of their shows.

Now more than ever, they want to do their part to spread joy, even from afar, directly to your safe spaces.

Let them welcome you into their world where awe-inspiring show footage and fan favorite videos will transport you.

<https://www.youtube.com/watch?v=nQ5eUJNXrMw&list=PL9RDgPtBc9ansNqgSHpKCvUV21t3ek0aY>

Something for the seniors & parents

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Manchester International Festival

MIF presents a series of free livestreams, discussions and archive recordings. Some events may require to book free tickets in advance

<https://mif.co.uk/>

<https://www.youtube.com/user/ManchesterInternationalFestival>

The show must go onLINE

Curve Leicester have a host of digital content to keep you entertained, inspired and creative during these difficult times.

Including archive recordings, in-depth conversations with leading theatre-makers, activities and educational resources for children and much more!

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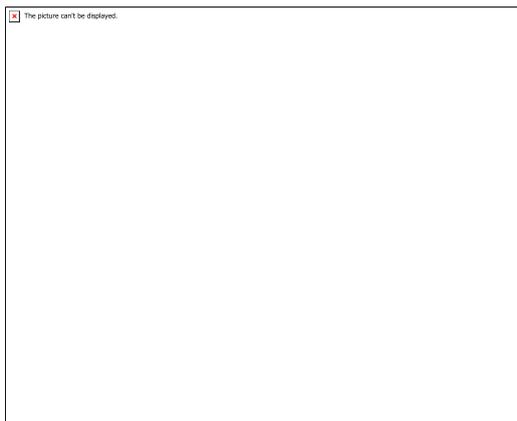
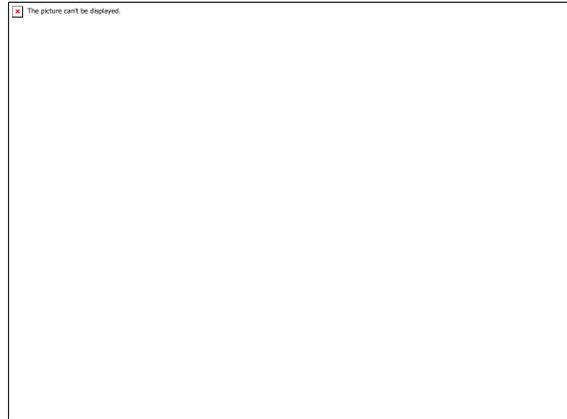
<https://www.curveonline.co.uk/the-show-must-go-online/>

Something to keep active

Gym-free workouts

The amazing NHS have published a series of gym-free workouts for you to do at home or in a park. Stay safe and active at the same time

<https://www.nhs.uk/live-well/exercise/gym-free-workouts/>



A playlist to stay active

Or if you prefer videos to keep you active, why not check out this youtube playlist:

https://www.youtube.com/playlist?list=PL_DC_Gp8e67-f_cxoQ1YXiDksclSdz7D6d